



VIEWLANDS REVIEW – Autumn 2021

Hello Everyone,

Welcome to our latest magazine. It's been a long time coming as there has been a lack of news, weddings, holidays, trips etc due to the restrictions for us to fill a magazine. However, we are slowly, slowly getting back to being able to move about again and visit family and friends. It is frustrating to have a number of restrictions still in place, but we believe they are necessary to keep residents and staff as safe as possible.

Wednesday 29th September saw many of the residents and staff receiving their Covid booster and Flu vaccinations. Hopefully there weren't too many sore arms afterwards.

We are pleased to say that the Christmas Card Charity shop will be taking place this year in the AK Bell Library from mid-October through to December. We will have a selection of cards on sale in the library and there will also be some available to purchase from the office.

We also have some manager news... Kat Douglas has been appointed by our Chairman and Trustees to become our new manager. Kat will be supported initially for 3 months by someone that some of you already know, Catriona Cameron. Both Kat and Catriona have shown dedication and care for Viewlands House over the years, and we are very excited for the future!

Pauline who has been holding the fort would like to thank everyone for their support over the last few months "I couldn't have done it without you" especially to Elaine and Louisa -great help with the computer skills.

Pauline and the team will give Kat the same dedication

Fun Days Out...

Out of Viewlands and into an Alpaca Farm

On the 28th of August, my family arrived and told me they had a surprise planned for the morning. I'm not sure what I was expecting it to be, but I didn't think it would involve driving to Bowbridge Alpaca Farm in Fife.

They have over 55 alpacas, a couple of them were only a few weeks old and the staff know them all by name! A few of them had the same names as my friends, such as Sheila and Molly, although there wasn't one called Greta.

We started off by feeding alpacas and some of them wouldn't leave me alone. I wasn't sure if it was due to the big bucket of food in my hands or whether they liked my perfume! Then we learn a bit about how the alpacas are trained and got to take them around an obstacle course. I was surprised by how friendly and gentle they were. I fell in love with them but sadly I don't think Viewlands would let me have one in my room.

My lovely day continued into the afternoon as we went to Dunshalt for lunch at my niece's house. We had afternoon tea from the local community shop which was delicious and I left feeling very full. Overall I had a very good day and a lovely surprise.



Exciting news...

Sharon recently had some lovely news... her new granddaughter, Calli Emma Craven who was born on 4th August. She weighed 6lbs 15 oz.

Congratulations Sharon!



Exciting news...

Ela also had lovely news recently. Her new granddaughter was born on 29th September. Congratulations Ela, we hope everyone is well.



Wedding News...

Eve's daughter, Louise, got married on 25th June at the Huntingtower Hotel after 12 years of being with her partner. Their little boy Ollie, who is now 11, was the handsome page boy and their beautiful daughter Penny was the flower girl. Penny also has not long started in primary 1, lots of exciting times!



Celebrations...

Kate kindly sent in photos of her granddaughters' big days. Evie started her first day of nurse and Orla's first day in Primary 1! Both girls look like they were very excited about their days ahead.



The girls also celebrated Evie's third birthday with a fantastic cake made by their mum... looked delicious!



Mackenzies Travels – Part 1

Mackenzie has been busy, he has been on two holidays!

First, he went with Louisa and her daughters Olivia and Emily to Nairn. Emily loved taking Mackenzie around showing him the sights!



Mackenzie visited the harbour and collected shells before visiting the “Nairn Fishwife”

In Nairn, when the fishing industry was at its height in the late 19th century, the fishwife played a very important role within the community. As well as being responsible for caring for house and family, she also gathered bait, baited lines, gathered durkins (pine cones for smoking fish) prepared and smoked fish, including the famous "Nairn Spelding" then sold them throughout the local area from the creel on her back.

Mackenzies Travels – Part 2

Mackenzie then went to Portugal with Ela and her family. He spent time on the beach, he did some swimming and sunbathing and visited the surf school. He found it really quite warm with all his fur!



Go4Gold

Several of our residents took part in the recent Go4Gold competition which is a competition that is inspired by the Olympics and involves care homes from around Perthshire. The event was cancelled last year due to Covid restrictions however this year we were able to take part from Viewlands House itself which is a slightly different format. In previous years, all contestants met in Bells Sports Centre. This year's competition saw events ranging from beer pong to mini golf, arts and crafts and football. Everyone enjoyed taking part and can't wait for next year!





The New Teacher

Is a dove a doo Dad
Is a doo a dove
Is a cow a coo Dad
A sparrow just a spyug
And is a wall a waw Dad
IS a dog a dug
Shes gonna warm ma ear Dad
Instead o'kept ma lug.

Ye learnt me aw wrong Dad
Ye called a ball a baw
Yer wife is now my mother
You said it was a maw;
Ah'm no share hoo tae spell Dad
Ah'll never pass my test
Whit is this ah'm wearin' Dad
A simmit or a vest.

My teacher's away posh Dad
She changes aw oor names
Wee shugie now is Hugh Dad
And Jimmy's aye ways James;
I'm scunnered wi' it aw Dad
The way she shoogles words
A must be glaiket no' tae ken
The feathered friends are burds.

There's twa words fir awthin Dad
There jumbled in ma heid
Hoo Kin ah be well bred Dad
When ah keep sayin' breed;
Now is a crow a craw Dad
Is a bull a bul
Ah'll try to git it richt Dad
I will, I will, Ah wull.

I remember...

I remember the corned beef of my childhood,
And the bread that we cut with a knife,
When the children helped with the housework,
And the men went to work not the wife.
The cheese never needed a fridge,
And the bread was so crusty and hot,
The children were seldom unhappy,
And the wife was content with her lot.

I remember the milk from the bottle,
With the yummy cream on the top
Our dinner came hot from the oven,
And not from a freezer or shop.
The kids were a lot more contented,
They didn't need money for kicks,
Just a game with their friends in the road,
And sometimes the Saturday flicks.

I remember when the shop on the corner,
Where biscuits for pennies were sold
Do you think I'm a bit too nostalgic?
Or is it...I'm just getting old?
Bathing was done in a washtub,
With plenty of rich foamy suds
But the ironing seemed never ending
As mum pressed everyone's 'duds'.

I remember the slap on my backside,
And the taste of soap if I swore
Anorexia and diets weren't heard of
And we hadn't much choice what we wore.
Do you think that bruised our ego?
Or our initiative was destroyed?
We ate what was put on the table
And I think life was better enjoyed.

1950's Songs

**Find and circle all of the 1950's song titles that are hidden in the grid.
The remaining letters spell the title of an additional 1950's song.**

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R A V E O N I A R T Y R E T S Y M L I
D Y T S I M H O N K Y T O N K L E O L
O G N A J D A N I H C R A E S T N N E
N V L O N E L Y T E A R D R O P S L Y
N B E E Y R M M B T L S Q H G E H Y E
A L T F O A O D A E M B K E J U O Y L
S U O T I V D K N R L A M A I I U O D
N E O N E N E Y A E E L I U T Z T U D
O B Y I G F K Y R R S L E T R M U K I
T E T A I T Z E B E H U U N E A A S D
N R T V K A A T H O V R O U E N S H O
E R E E R E R L U T F E S Y S N I O B
E Y E C Q A T S L I K Y F A O I L U A
T H F D E U E Y T S G C S T D S A N B
X I H H H R I T Y G A C A I E H N D M
I L S W O O U L E A I L O M E B O D A
S L R C L T T P A T K D L A P O M O B
L I K E V O L E Y B E Y B Y S Y V G A
R I P I T U P E N I G H T T R A I N L
    
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BLUEBERRY HILL
BO DIDDLEY
BYE BYE LOVE
CRAZY ARMS
DJANGO
DONNA
EVERYDAY
FEVER
HEARTBREAK HOTEL
HONKY TONK

HOUND DOG
JAILHOUSE ROCK
KANSAS CITY
LA BAMBA
LONELY TEARDROPS
LONG TALL SALLY
MACK THE KNIFE
MANNISH BOY
MAYBELLENE
MISTY

MONA LISA
MOVE IT
MYSTERY TRAIN
NIGHT TRAIN
ONLY YOU
PEGGY SUE
RAVE ON
RED HOT
RIP IT UP
RUMBLE

SEARCHIN'
SHOUT
SIXTEEN TONS
SPEEDO
SUZIE Q
TAKE FIVE
TEQUILA
TUTTI FRUTTI
YAKETY YAK
YOU SEND ME

Upcoming Events

We are continuing with our weekly activities in the house, please see our website for updates.

Church of Scotland services have now resumed, the next service will be on Friday 8th October.

Thanks to Clarissa for keeping the “Trolley Shop” running during the pandemic. However it is lovely that we are now able to have the Friends of Viewlands back in on a Monday to take the trolley of goodies round the residents’ rooms.

Feedback

If you have any comments which you feel may help improve life for our residents at Viewlands, please don’t hesitate to give us a call or to email the office at info@abbeyfieldviewlands.org.uk

A big thank you to all who have contributed towards our magazine, especially our regular contributors! We look forward to all your future articles.

