



Hello Everyone,

In these strange times that we find ourselves in, I hope that you are all well and staying safe and finding new ways to stay busy and entertained at home. I am sure that you are all missing seeing your relatives, as they are undoubtedly missing your visits, but unfortunately, I can't give you any information as to when the current situation will change.

Although we continue to social distance our residents as much as is possible, staff have been doing a wonderful job in keeping everyone entertained. We have managed to get two at a time into the summerhouse to enjoy the lovely spring weather (and maybe a sherry or two!!), a few together to take part in activities, a visiting piper, quizzes and competitions, rainbows at the windows and plenty sweet treats for everyone (staff included).

We are also lucky enough to have a carer who is also a hairdresser, so everyone is still able to get their hair done, which they are enjoying, and Clarissa is doing the manicuring, and as most people are in their rooms they are also enjoying room service for meals 😊 (I may book in for a week!)

To stay in touch there have been phone calls, video calls, e-mails and some people have said 'hello' through the windows, which is lovely.

We can still receive anything by post or handed in at the door, so if there is anything that you want to drop in for your relative please do so, or even if you just want to wave at them through the door, just ring the bell and someone will answer.

Also, if you want to email anything, photos, letters etc, we can print them off for your relative.

We have been lucky that we have had no positive cases of Covid-19, either among residents or staff, but please be assured that if we do, we have sufficient PPE to enable staff to safely care for the residents.

Hopefully we will be able to welcome you all back before too long.

Stay safe, Amanda & all the staff at Viewlands.

And Now It's Spring...

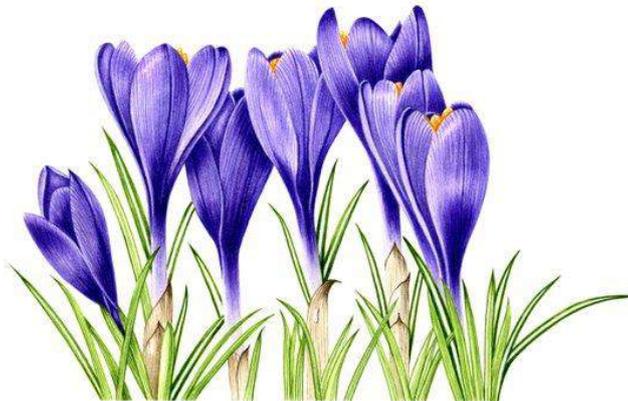
The grass is green across the hill,
But yellow blooms the daffodil.
It's sunshine on a little stalk,
A friendly flower, I bet they talk...

Of little kids, too long inside
They burst outdoors to play and hide.
Tracking mud and bringing bugs.
Look, there's footprints on the rug!

Tiny whirlwinds, these little tykes,
They skin their knees while riding bikes.
They rip and roar, they're running wild!
What fun it is to be a child.

It grows warmer every day.
Shoo the children out to play!
Pick the flowers, play in mud.
Too much rain, here comes a flood!

My snowy, winter days are gone.
I mourn them, but I hear a song
Of birds in trees; wind chimes ring.
I guess it might as well be spring!



Easyfundraising

You might remember seeing that we are registered with easyfundraising, it's a great site where you can help Abbeyfield Perth Society Ltd raise funds simply by doing your everyday online shopping!

Did you know that whenever you buy anything online – from your weekly shop to your annual holiday – you could be raising a free donation for Abbeyfield Perth Society? There are nearly 3,000 retailers including Amazon, John Lewis, Aviva, thetrainline and Sainsbury's, who will donate a percentage of the amount you spend to us to say thank you for shopping with them.

It's really simple and doesn't cost you anything.

All you have to do is:

1. Go to <https://www.easyfundraising.org.uk/causes/abbeyfperthsocLtd/>
2. Sign up for free
3. Get shopping – your donations will be collected by easyfundraising and automatically sent to us. It couldn't be easier!

There are no catches or hidden charges and we would be very grateful for your donations.

Thank you in advance for your support.



The image features a purple banner on the left with the Easyfundraising logo and the slogan "You Shop. Retailers Donate. We Raise." To the right of the banner is a grid of logos for various partner retailers.

easyfundraising
feel good shopping

**You Shop.
Retailers Donate.
We Raise.**

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Eileen and Glenn Miller's Indian Holiday Diary

Eileen kindly took the time to put together the following 'diary' and itinerary from her recent trip. Thank you very much Eileen, it's a fantastic read!



25th Jan

We arrived in Hyderabad and had a relaxing day before our busy trip began!

26th Jan

Today is the 71st Republic Day in India commemorating the founding of the Indian nation. Our day started with the raising of the flag at our hotel before our trips to Golconda Fort which is immense.



After that we went to a heritage park where there are lots of restored tombs of rulers and their families dating back to the 16th and 17th centuries.



We ended with a visit to a white marble Hindu temple but we weren't allowed to take photos there which is a shame.

27th Jan

We went to Ramoji Film City today. It's certified by the Guinness World Records as the world's largest Film studio complex and it was massive!



29th Jan

Yesterday we travelled from Hyderabad to Gulbarga where we spent the night. Today we came to Kurnool via Mantralayam and both days we visited two very large forts and many temples and tombs.



On the road we saw paddy fields of rice and fields of cotton, sorghum, maize, sugar cane, peanuts, chickpeas and Glenn's favourite chillies.



We also passed lots of herds of goats being herded along the road and some of them must have had many hundreds of animals all trotting along obediently!

30th Jan

This morning we visited two 7th century temples in Alampur. The first had a festival to celebrate the god's birthday and it was a very colourful event.



The second temple had been moved and rebuilt as it was going to be lost for ever when a dam was built. The 1400 year old carvings were very detailed even after all that time.



Later we went to another temple in Ahobilam which was a pilgrimage site so Glenn had to wear a dhoti! We feel like celebrities here as so many people ask to have a picture taken with us!



1st Feb

We visited two lovely temples where we couldn't take photos. That said the priest in one of them had a mobile and took photos of us! Today we came to Nagarjuna Sagar where there's a huge hydroelectric dam and we are staying beside the lake that was formed behind it.



2nd Feb

On our journey to Vijayawada today we went to see a waterfall which was not at its full volume as it is the dry season but would have been spectacular in full flow. We stopped to see ladies grading chillies next to a field of cotton and the cotton was unbelievably soft.



We visited a giant Buddha and then a Buddhist Stupa that was started in the 3rd century but was built on a site that dated back to 1500 BC.



4th Feb

Yesterday we visited three temples and a fort in and around Vijayawada. In the final temple of the day, we were treated like VIPs and whisked away from the other worshippers to have a private blessing from the priest! The temples were all beautiful but again no photos were allowed. The fort was from the 11th century and had been used by the ruling families for a few centuries before it fell into disrepair and eventually became a British garrison!



Today we visited our driver's sister and her family in a village near Rajahmundry and everyone was so welcoming to us, it made it an amazing experience. They were lovely people and we met the newest member of the family who is only a month old. He was so cute.



We crossed the Dowleswaram Barrage on the Godavari River which is the second biggest river in India. The day couldn't end until we had gone round one more temple which was a lovely colour of blue.



5th Feb

Three temples on one day in Rajahmundry! The first one was very special because our driver's school friend was head of administration there and he arranged for a full blessing for us.



He then sent one of his work colleagues with us to our next temple where we got more special treatment! This temple was beside the Godavari River which is sacred and there were some family ceremonies taking place by the river. We declined the opportunity to bathe in the holy water though!



Our final temple was some 50 km away and it had a festival which was very colourful but no special treatment there... Our driver calls us VIPs!



6th Feb

We travelled to Vizag from Rajahmundry and visited two Hindu temples on the way but again no photos. One was an auspicious place for marriages but we decided once was enough! We also went to an old Buddhist Temple which dates between the 4th and 9th centuries and was on top of a hill. The views from the top were lovely.



We are staying in a hotel beside the beach.



7th Feb

We drove to the Borra Caves and Aruka Valley in the Eastern Ghats and we were wowed by the scenery and monkeys.



The railway goes there and it is an amazing feat of engineering and the trains are very very long!

12th Feb

We have had a relaxing few days and went for walks along the main road beside the beach where we saw lots of very colourful statues.



We also went on the Kailashgiri Ropeway (cable car) which is one of the few must do things here. There was a lovely large park at the top of the hill and great views across the city so it was worth all the haggling over tuk tuk fares!



At the end of the day, we went for a stroll along the busy beach.



13th Feb

We've had two days on the road and have seen lots of different things on the way including this scooter loaded with mattresses!



We did visit some temples too but again no photos allowed. We had bamboo chicken (chicken in spices steamed in a bamboo stalk) from a stall by the roadside and it was delicious!



Glenn was very happy today when we started to see chillies again. Our driver stopped to ask if he could buy some at the roadside where the newly picked chillies were being put into sacks and he got a whole bucketful for nothing. Before arriving in Warangal we visited the 13th century Ramappa temple which had beautiful carvings and it is beside a holy river.



14th Feb

This morning we visited two temples and a fort and were allowed to take cameras into the temple complexes which was a nice change. The first was the 1000 Pillar Temple which dates to 12th century.



The second was the Bhadrakali Temple which was set among some amazing rock formations.



After that we went to Warangal Fort which is a 13th century Hindu fort. It's in ruins but there were some beautiful carvings on display plus we got our photo taken with some local primary school children.



There was a Hindu wedding in our hotel tonight and the bride looks stunning. She invited us to the wedding which was a lovely gesture, but we declined as Glenn hasn't brought his kilt on holiday!

15th Feb

We left Warangal this morning to travel to Hyderabad. We stopped at a Jain temple which was new and absolutely magnificent. The inside was all marble with lots of inlays, carvings and chandeliers. A lovely gentleman who worked at the temple got Glenn suitably togged up to go into the temple.



16th Feb

Wow what a day! We had to get up at 3am for our flight from Hyderabad to Nagpur. We had a 2 hour drive to our jungle resort and after a rest and some lunch we headed out on our first safari hoping to see at least a tiger's tail. About half an hour after we entered the reserve, all our dreams came true as a tigress called Maya was lying in the sun on the road. She then ambled off slowly and we were only about 12 yards from her! We followed her to a water hole and watched in awe as she had a drink and a cool soak.



17th Feb

There was some monkey business by the pool before lunch today.



18th Feb

We did 4 safaris (each one was 4 hours long) but after the amazing Maya experience on our first one, we only saw her once more and that was from a distance. We did see lots of other animals and birds though and thoroughly enjoyed our safari experience despite the red dust that coated us!



Today after our last safari, we visited a tribal village near our hotel which was fascinating and made us so grateful for the life we have.



Happy but very dusty!



19th Feb

Today we flew back to Hyderabad and had two lovely surprises. First the manager of the local office of our tour company who had worked with Glenn to come up with our itinerary took us out to lunch at a charity run restaurant called Talking Hands where all the staff are deaf and dumb and you have to use sign language to order. You get a table mat with basic sign language to help! The food was delicious and then as we were leaving the manager presented us with a beautiful model sitar from the owner of the tour company. It was a very thoughtful gesture.



21st Feb

After a quiet day yesterday, we left India after a truly memorable holiday where we met so many wonderful and kind people to fly home.

Perthshire – The Gateway To The Highlands

Here are 10 things you possibly never knew about Perthshire...

- Over 5,000 salmon climb the fish ladder at Pitlochry Dam at Loch Faskally each year.
- Rob Roy, the 1995 film directed by Michael Caton-Jones, was partly filmed in Perthshire, at Megginch and Drummond castles.
- Perthshire's Black Watch regiment was founded in Aberfeldy in 1740.
- Auchterarder boasts the longest main street in Scotland, giving it the nickname the Lang Toun.
- The largest rod and line salmon was caught in the River Tay in 1922 by Miss GW Ballantine. It weighed 64lb.
- The Meikleour beech hedge near Blairgowrie was planted in 1745. Now 30m high, it is the tallest in the world.
- The Famous Grouse Experience near Crieff was home to the world's largest bottle of whisky – some 220 litres of the amber nectar.
- Pontius Pilate, who sentenced Jesus to crucifixion, is said to have been born in Fortingall.
- Harry Potter author JK Rowling owns Killiechassie House on the banks of the Tay near Aberfeldy.
- Holes made by musket fire during the Battle of Killiecrankie can still be seen in the walls of Dunkeld Cathedral.



Tae a Virus

Thank you Bill Howes for this fantastic poem.

Twa months ago, we didna ken,
yer name or ocht aboot ye,
But lots of things have changed since then,
I really must salute ye.

Yer spreading rate is quite intense,
yer feeding like a gannet,
Disruption caused is so immense,
ye've shaken oor wee planet.

Corona used tae be a beer,
they garnished it wae limes,
But noo it's filled us awe wae fear
These days, are scary times.

Nae shakin hawns or peckin lips,
it's whit they awe advise,
But scrub them weel richt tae the tips,
that's how we'll awe survive.

Just stay inside the hoose ye bide
Nae sneakin oot for strolls,
Just check the lavvy every hoor
And stock-take your loo rolls.

Our holidays have been pit aff,
noo that's the Jet2 patter,
Pit oan yer thermals, have a laugh,
And paddle 'doon the waater'.

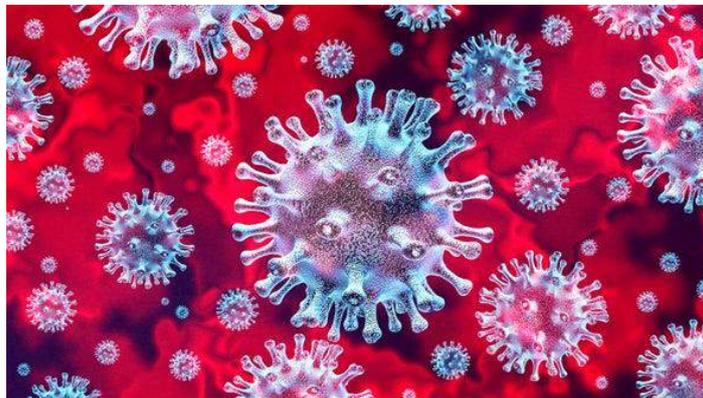
Canary isles, no for a while,
Nae need for suntan cream,
And awe because o this wee bug,
We ken tae be..19.

The boredom surely will set in,
But have a read or doodle,
Or plan yer menu for the month
Wi 95 pot noodles.

When these run oot just look aboot,
A change, it would be nice,
We've beans and pasta by the ton,
and twenty stane o rice.

So dinny think yell wipe us oot,
Aye true, a few have died,
Bubonic, bird flu, and Tb,
They came, they left, they tried.

Ye might be gallus noo ma freen,
As ye jump fae cup tae cup,
But when we get oor vaccine made,
Yer number will be up.



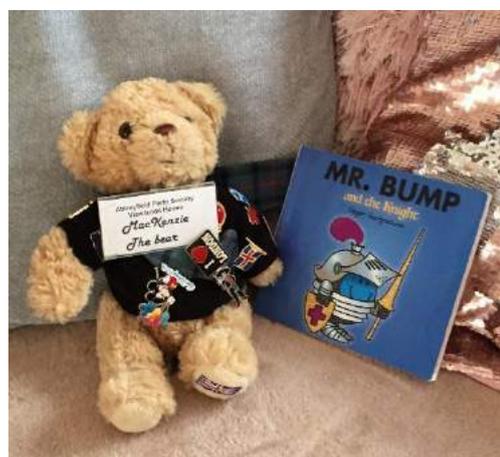
MacKenzie Bear's Coronavirus Holiday

MacKenzie bear is at home with Olivia and Emily, Louisa's daughters. The girls have had great fun with him, it has given them something to chat about when they are bored being stuck in!



MacKenzie painted boiled eggs for Easter to roll down the hill with the girls.

He has been reading books with Emily. Her favourite to read are Mr Men books.

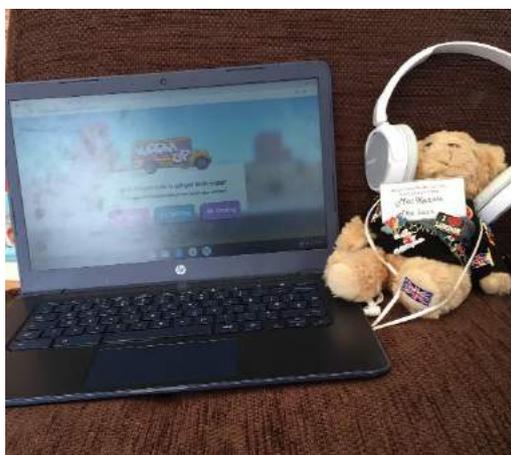


MacKenzie Bear has also learned how to play Polly Pockets with a set the girls got as a gift at Christmas all the way from a Polish Christmas Market!



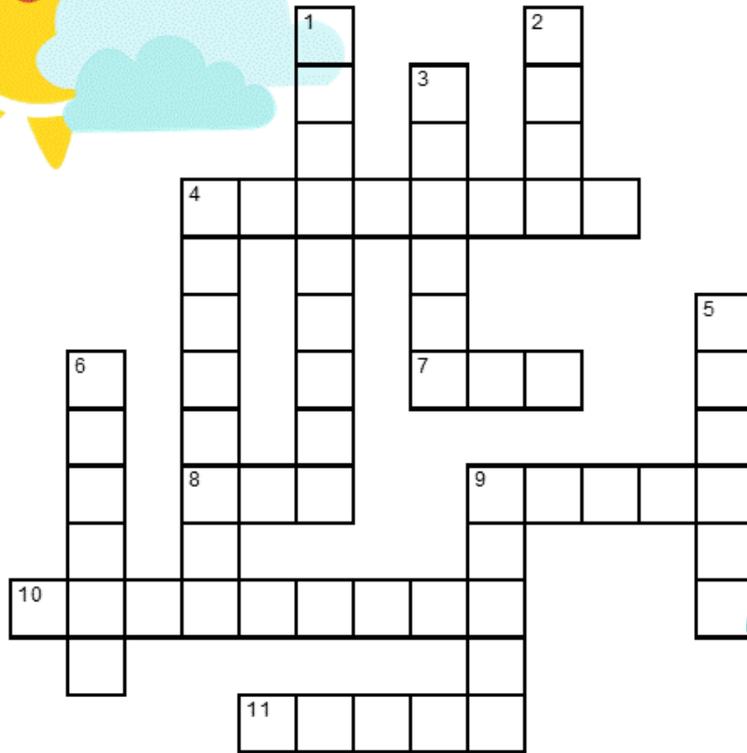
The girls have a tree swing in their back garden, so he has been learning some new tricks!

Olivia made sure she kept him safe though!



He has also been doing his schoolwork, He has been learning his maths on the Sumdog app.

Easter Crossword



ACROSS

4. You might do this to eggs for Easter
7. A hen makes this
8. Used to color eggs
9. The hen's baby
10. Colorful candy you might find in an Easter basket
11. Peter Cottontail is one

DOWN

1. Eggs might be made from this
2. Look for eggs
3. Easter Day event
4. Yellow or white spring flower that grows from a bulb
5. What the Easter Bunny brings
6. A pretty hat worn on Easter
9. Don't eat too much of this or you might get a belly ache



Chess Word Search



WORD SEARCH
DIRECTIONS:
Find and circle
the vocabulary
words in the
grid. Look
for them in
all directions
including
backwards and
diagonally.

**C
H
E
S
S**

BISHOP
BLACK
CASTLING
CHAMPION
CHECKMATE
CHESSBOARD
DEFEAT
DRAW
EN PASSANT
FISCHER

GAME
KARPOV
KASPAROV
KING
KNIGHT
MATCH
MOVE
OPENING
PAWN
PIECE

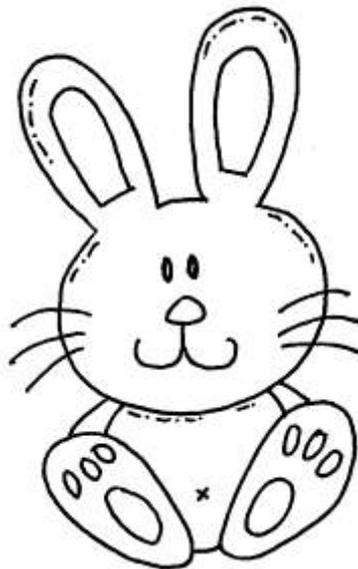
POSITION
QUEEN
RIVAL
ROOK
RULES
STALEMATE
STRATEGY
TIMER
TOURNAMENT
WHITE



Spring Word Scramble

This Spring themed Word Scramble features 10 Spring themed words which have been scrambled. See if you can unscramble them to see what they are.

Yam ---
Ntse ----
Rsputo -----
Incengal -----
Cntroaia -----
Neger_-----
Nira ----
Norb ----
Rsgipn -----
Olfafidd -----



Flower and Plant Quiz

Thank you Alison for this quiz!

- 1 She got up very correctly? _____
- 2 Truthfulness. _____
- 3 Wed for money? _____
- 4 Use this for a clean sweep! _____
- 5 YGAHDAREN (anagram) _____
- 6 Admiring his own reflection. _____
- 7 A clanger feels rather sad. _____
- 8 It conquers all, despite a haze. _____
- 9 GMOAINLA (anagram) _____
- 10 A people of automobile owners? _____
- 11 Burn your fingers at this game! _____
- 12 Give me your answer do! _____



Upcoming Events

Due to the current situation, there are no set upcoming events, however we hope to get things organised and back to normal as soon as it possible!

We are continuing with our weekly activities in the house, please see our website for updates.

A big thank you to all who have contributed towards our magazine over the past year, especially our regular contributors! We look forward to all your future articles.

We would like to take this opportunity to also send out a big thank you to all our staff and volunteers during this difficult time. It is a unusual time for all, and we appreciate all the support and care you provide to our residents.

Feedback

Please cut off and use the slip below for any comments which you feel may help improve life for our residents at Viewlands and post into comments and suggestions box. Thank you!



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Puzzle Answers

The answers to this Spring Word Scramble are shown below:

- 1 - Yam = May
- 2 - Ntse = Nest
- 3 - Rsputo = Sprout
- 4 - Incengal = Cleaning
- 5 - Cntroaia = Raincoat
- 6 - Neger = Green
- 7 - Nira = Rain
- 8 – Norb = Born
- 9 – Rsgipn = Spring
- 10 – Olfafidd = Daffodil

The answers to the Flower and Plant Quiz are

- 1 - Primrose
- 2 Honesty
- 3 Marigold
- 4 Broom
- 5 Hydrangea
- 6 Narcissus
- 7 Bluebell
- 8 Love in the Mist
- 9 Magnolia
- Carnation
- 11 Red Hot Poker
- 12 Daisy